

***Elite Seat*™ Device for Knee Extension**

The *Elite Seat* is a rehabilitative device constructed with rigid metal frame and non-elastic straps and is recommended for daily use to treat extension contractures of the knee. Proper referral for use is required.



Frequently Asked Questions:

Q: How often should I use my Elite Seat?

A: Use the Elite Seat 15-20 minutes per exercise session 3-5 times per day or as prescribed by your physician or therapist.

Q: How long will I need to use the Elite Seat?

A: Use the Elite Seat until your knee is straight and equal to your opposite knee. The length of time will be determined by how bent your knee is and how your knee responds to sessions.

Q: Are there different sizes of Elite Seats?

A: No, there is only one size Elite Seat; however, there are settings which will be set prior to you receiving your seat. The only differentiation between Elite Seats is right leg or left leg.

Q: Can I hurt myself while using the Elite Seat?

A: No, you cannot hurt yourself using the Elite Seat. Tightening the straps too tightly in a session, leaving your leg strapped in too long, or performing more sessions may make your knee very sore but you cannot damage your knee.

Q: Is the Elite Seat covered by my insurance?

A: Many major insurance companies cover the Elite Seat for therapeutic use. Check with your insurance carrier to determine if this therapeutic device is covered for you.

“Call the Experts!”